

Gaflaraleikhúsið in Hafnarfjörður premiered their 5th show (to the best of my knowledge) which was created by and for young adults but is still relatable for older audiences - we have all been teenagers at some point. Like the name suggests, My First, is about many different firsts in people's lives and the interaction between the sexes. I truly believe that the subject will bring back some memories for the people watching.

Björk Jakobsdóttir, the director of the piece, brought the idea to 5 young actors who wrote scenes from conversations and improv for Björk to piece together and form the script as well as directing and designing the set and costumes at the same time. The cast all use their real names but are not always playing themselves nor are they portraying their exact experiences although they are most likely pretty close. The authors and actors are Arnór Björnsson, Berglind Alda Ástþórsdóttir, Inga Steinunn Henningsdóttir, Mikael Emil Kaaber and Óli Gunnar Gunnarsson. Arnór and Óli Gunnar are experienced players on this stage, they were the original teenagers in the show *The Teenager* in 2013 and in *Stefán Rís* three years later but the other cast members are up to the same standards.

The show starts with the first kiss and plays with the blurred line between reality and fiction. The hilarious interpretation of making out by "The Icelandic Dance Company!" and the story of the first time menstruating was hysterical. But it was during the first love scene where the cast really blew us away. Óli Gunnar reacted for example in a typical way, stared at her and dropped his chin to the floor, Mikael had an unexpected seizure and showed how flexible he is, Berglind sunk herself into uncontrollable daydreaming that she couldn't stop until they had gone to some extreme places! The first date was brilliantly staged with Óli and Inga at the cinema struggling terribly to converse, Berglind and Arnór standing behind them revealing their inner thoughts. Arnór shared a first experience of porn with the audience, to everyone's amusement.

The first sexual experience was most likely what the audience anticipated the most and the young authors treated the subject affectionately and respectfully, while never skimping on the humour. This is, however remarkable it may seem, a subject that we can all relate to as everyone remembers that first experience whether we want to or not.

In teenage relationships the odds are tragically greater that it will come to an end and one such instance was perhaps the best scene in the show. Óli Gunnar and Berglind rapped their way through a breakup, while the audience listened at the edge of their seats. The music is all original and written by Hallur Ingólfsson along with Mikal and Óli Gunnar but the breakup song was written by Mikael and Teitur Snær Tryggvason with lyrics by Óli Gunnar and Berglind. The music producer is Hallur Ingólfsson.

Not many words are needed when complimenting the cast, how brilliantly they sing, how beautifully they dance and move, how disciplined and coordinated they are, least of all how much respect they show their own material and how sincerely they advise their peers on how to treat the other sex. Simply a fantastic show. Thank you

"Oh the teenage masses"

-Silja Aðalsteinsdóttir Mál og Menning magazine